

MAY 2013

*Notes from
Medford Leas at Lumberton*



The **Lumberton** Campus **Chronicle**

MINDLESSLY Maggie Heineman

Away from Her – Scene One
Julie Christie is washing dishes
Carefully she dries a frying pan
Carefully she puts it away
in the refrigerator

This morning – Scene Two
Maggie is making coffee
Carefully she measures three scoops of
grounds
Carefully she places all three in the
mug next to the press pot

ANNUAL RESIDENTS MEETING Vince Menzel

Janice Saibel called the meeting to order on May 7. Janice thanked the 2013-2015 Council Nominating Committee of Jack Akerboom, Judy Obbard, and Eve Robinson, and pre-

sented the Council nominees: Bill Beitel, John Speirs, and Barbara Stiles. There being no nominations from the floor, the above nominees were elected by voice vote.

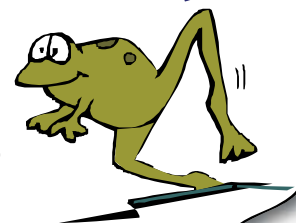
Janice then briefly mentioned the early days of the Lumberton community – with its dust, mud, and wild turkeys, while noting the continuing change over the years of our resident population. Janice recognized by name those former residents who have passed away in the past year, moved to the Medford campus, or left the community. Also recognized and welcomed were those new residents who have joined us in the past year to become friends and neighbors, underscoring the community regeneration that normally occurs. Janice also thanked the current Council members, as well as the committee and subcommittee chairs, presenting the organizational structure.

Kentucky Derby ~ May 4



Frog Jump Day ~ May 19

Mark Twain's short story
"The Celebrated Jumping
Frog of Calaveras County"



Council member Don Kocher then presented the results of his "Solid as a Rock" project, recognizing past Council presidents with an inscribed rock from the community. Those who had not previously received a rock were presented with one by Don. Janice herself was presented with her rock by Helen Vukasin, our Community's first president. A "Council Rock" will be permanently displayed with a framed history of the rock in the Community Center. Don also presented the "Presidents' Perpetual Plaque," displaying the names of all past presidents on plates of a wooden plaque, beautifully created by the Lumberton Woodshop. It will be mounted in the Community Center and updated each year. Janice thanked Don for his work, stating that "it brought us back to our roots, or should I say rocks"?

Treasurer Jane Bartram presented the proposed budget for 2013-2014, as well as the rationale/calculations for the Activity Fund to justify it. The budget this coming year will necessitate a Fund request of \$22 per resident, a decrease from the prior year's \$26. The driver for the decrease was implementation of email distribution of the community newsletter by *The Chronicle* Subcommittee of the Communications Committee. This initiative has significantly reduced the number and cost of printed copies. Jane thanked *The Chronicle* editors for their efforts. Jane also recognized the Social Activities Committee, which has given back to the community by reducing our costs for some events. The budget was approved.

A few announcements were then made: Barbara Degler mentioned our responsibilities as users of the pool, while Ann Naulty reminded everyone of the annual "Ann Naulty Walk" to the Diamond Diner for breakfast on May 11. Net proceeds will go to the Reserve Fund. Lastly, it was re-

ported that the tennis courts were recently repaired and repainted, and look terrific. Lefty Alderfer, chair of the Tennis Committee, was thanked for his efforts in coordinating the work with Medford Leas.

COUNCIL REPORT

Vince Menzel

Council met on May 13. MaryLou Morrow, MLRA Council member; Tammy Gerhart, Director of Resident Services; and John Speirs and Barbara Stiles, newly elected Council members for 2013-2015, were welcomed. Minutes of the April Council meeting and the Treasurer's Report were approved.

Jane Bartram reported that the Activity Fund fee would be \$22 per resident, as decided at the April 29 Council budget meeting. At that meeting, the budget was approved for presentation at the Annual Residents Meeting.

Bill Murphy has been contacted to request that Medford Leas take care of the landscaping on those vacant properties requiring maintenance since the prior residents moved out.

The Burlington County Library sent along a thank-you letter for the community's donation of \$802 to the Bookmobile.

Approximately 40 residents attended the recent Lumberton campus Health Services presentation on advance directives, DNR orders, and living wills.

Residents are reminded again that they are responsible for contacting Shamrock to arrange for seasonal maintenance on their heating/cooling systems.

Annual committee reports are due by June 15. Committee chairs are asked to forward reports electronically to Vince Menzel (vince267@gmail.com) with a copy to the Council sponsor, and Janice Saibel.

Tammy Gerhart reported that a bus to take residents to Wegmans would stop in Lumberton. The trial should start in mid-June.

The next meeting will be on Monday, June 10, at 1:30 p.m.

FINANCIAL UPDATE FOR APRIL

Balance on March 31	\$7760.76
Income	772.11
Expenses	5301.37
Balance April 30	3231.50

MEET OUR NEW NEIGHBOR

Barbara Lewis



Dale Duffin joined the Lumberton Leas community on April 4 by moving in to #187, on the meadow side of Woodside Drive. He had formerly lived in Cinnaminson for 38 years with his wife, Marjorie, who died last year in their 60th year of marriage.

Dale has three children: a daughter in Texas, a son in Georgia, and a daughter in Mt. Laurel. He has six grandchildren.

Dale served in the military in WWII. He was overseas for 2 years in the 42nd Infantry Battalion. It was led by General Douglas MacArthur and is known as the Rainbow Division. After the war he finished college at Purdue University, got married, and joined the Campbell Soup Company in Chicago. After several years spent in Texas and then back in Illinois, he was sent to Camden, and he retired from there.

At 91 years of age Dale is interested in golf, playing bridge, church activities at

the Methodist Church in Moorestown, and tennis. He already knows several people in the community from his “past life” and looks forward to becoming acquainted with many more folks here.

Asked what he might have to say about his long life, Dale responded, “We had a wonderful life.” Three Cheers!!! Welcome!

Pete’s Pick

SENIOR DISCOUNT DAY

On May 1, while I was checking out at the local ShopRite, the young cashier asked me if I was born before 1953.

As I frequently do as a matter of habit from my former courtroom days, I replied to this seeming impertinence with a question of my own: “Why is that so important?”

The cashier then proceeded to explain that if, as she “thought” (or did she say if as I “appeared?”) I was born before 1953 I would then be entitled to a “Senior Day Discount” since today was Shop Rite’s annual “gift” to those 60 years and older.

Although I am a faithful Shop Rite shopper and go there at least once a week, I pleaded ignorance of the matter and asked how a compliant senior could ever have discovered that his or her day had finally arrived.

Pointing to a number of small signs that were pasted on the windows and walls around the store, the young cashier claimed that they had been there for weeks, apparently to suggest to me that they couldn’t be missed, and that I must have been in some other world if I did. She also claimed, with increasing annoyance, that the day had been announced repeatedly in messages over the store’s loudspeakers in advance and she was glad that it had finally arrived because she was “sick and tired” of hearing about it.

I wanted to tell her that as a 20-year-old she probably knew very little about being “sick” or feeling “tired” but relented from any further curmudgeon bluster and put on my glasses to examine one of the signs she was pointing out. Sure enough, it did indicate that May 1 was ShopRite’s Annual Senior Discount Day. And when I cupped my ear I could also hear the store manager over the speaker system saying condescending things about all his “lovely and loyal” senior customers, and welcoming me to join him for coffee and a cookie in the cafeteria section.

Somehow the outside world always seems to believe that as seniors we will take notice of what they are trying to communicate to us without regard to the reality that most of us just walk about in total ignorance of their attempted messaging.

I finally said the magic word to acknowledge my old age to the impertinent cashier. She pushed a button and lo and behold a 5% “senior” discount popped up on the register screen, which I could see through the upper portion of my bifocals.

It’s nice to get a pleasant surprise once in a while – even when it comes somewhat dimly through all of the infirmities that senior status so ungraciously bestows.

–Pete McCord

LEAS FORUM
Barbara Trought

Programs will be presented in the Theater on Saturdays at 11 a.m.

June 8

Harry Scheyer, Estaugh Board member and professional financial planner, will

present a different concept for a will: Ethical Wills. Not the familiar Last Will and Testament, an Ethical Will delineates the writer’s values and makes them known to heirs and/or descendants.

June 29

“Gettysburg Revisited: 150 Years after the Epic Battle.” **Dr. Daniel Croft**, professor at The College of New Jersey, brings history alive as he sets the stage for this turning point in the Civil War. The Battle of Gettysburg and its significance will be his focus.

July 4 **Note: Thursday, at 7:15pm**

“**1776.**” Based on the Tony Award-winning Broadway musical, the video is a musical celebration of events leading up to the signing of the Declaration of Independence. Enjoy wonderful songs combined with history.

July 13

Bob Gleason, an actor in the American Historical Theatre, portrays the Reverend John Witherspoon. Witherspoon was a Scots Presbyterian minister and a signatory of the Declaration of Independence as a representative of New Jersey. As president of the College of New Jersey (now Princeton University), he trained many leaders of the early nation and was the only active clergyman and the only college president to sign the Declaration of Independence.

Shakespeare said it best:

“There is flattery in friendship!”

HISTORIC EVENT

Ruth Gage



On April 20 a historic event took place in the Great Room of the Lumberton Campus Community Center. Residents Linda Gorwood and Alan Gaylord were united in marriage in a joyous ceremony witnessed by their families and many friends. The room and the tables were decorated festively with lovely bouquets of spring flowers. The ceremony was performed by Lumberton's own Reverend Richard Say, who coincidentally also performed the first wedding on the Medford campus. Ruth Gage served as Greeter for the occasion.

All four of Alan's children contributed significantly to the ceremony, either with readings or with music, and the wedding concluded with both families uniting in singing "Blest be the Tie that Binds."

Following the ceremony there was much picture taking, and a beautiful toast was offered to the newlyweds by Dan Seeger, a close friend of the couple and former resident of the Lumberton campus. It was a happy event for everyone present. Our whole community joins together in wishing the couple much happiness in their lives together.

PICKUP DATES

Recycling: Tuesday, May, 28; Mondays, June 10, 24

Trash: Wednesday, May 29; Tuesdays, June 4, 11, 18, 25

Note: It was erroneously reported last month that there would be normal recycling and trash pickups the last week of May. It should have been mentioned that due to the holiday, those two pickups would be on a holiday schedule – each delayed by one day.

ART GALLERY

Helen Vukasin

For the next few months we have exhibits in place at all three galleries. At the Lumberton Gallery in the Community Center the Nature Photographs of Joe Costanza, a Lumberton resident, will be showing for the months of June and July. This show opened on May 10 with a warm reception in the Gallery.

The Art Studio Gallery on the ground floor of the Arts and Social Wing has a fabulous new exhibit that will be up until the fall. This show opened with its usual busy reception in spite of the rain on April 29.

In the Medford Leas Gallery outside the Theater, two distinguished local artists, Jane Gifford King and Carol Kirkwood, will continue to display their work for the month of June. This exhibit opened on May 7.

In July and August, the Medford Leas Gallery will feature the "The Recent Works of Geoffrey Chalkley, Adelaide De Antonio, Nancy Mullins, Katherine Sandeck, Mary Zacccone." This is a group of artist friends who have formed a critiquing circle that meets monthly to

share new work, exchange ideas and inspire their current independent work. The works include oil and pastel portraits, still life, landscape and figurative subjects as well as man's best friend.

The exhibit will open on Tuesday, July 9, 2013, with a reception in the Art Gallery from 3 to 4:30 p.m. The artists will speak about their work at 3:15 p.m.

SPRING BRUNCH

Lynn Immendorf

On Saturday April 20 sixty-one present and former residents of Lumberton Leas gathered in the Holly Room on the Medford campus for a spring brunch. The Holly Room is such a delightful place with the view from the expanse of windows and lovely table settings. For the brunch, the tables had been decorated with beautiful springtime bouquets. There were also prizes given to the person at each table who was the first to move to Lumberton Leas.

The food was delicious and plentiful – a selection of fresh fruit, French toast, quiche, bacon and sausage, bagels and Danish pastries. Everything looked so good it was hard to make a selection. Containers were provided to take home items remaining. After enjoying the brunch, residents reminisced about the early days at Lumberton Leas. It was fun to think about Flossie the Flamingo, to remember the early mail delivery system, and to think of the fun we've had walking through the snow to blizzard parties at the Obbards.

Mark Your Calendar

Monday, May 27: Memorial Day Picnic

Tuesday, June 4, 7 p.m.: Meeting with the Administration

POLAR BEAR DIP

Vince Menzel



On April 25, thirteen hardy residents trekked across what seemed like the frozen tundra of the Lumberton campus to reach their destination, the 84-degree outdoor pool. Overheard as people were assembling was a cry from Jim Suplee, "When are we going in?" At that moment, the procession began. Jim, followed by the others, was glad to leave the 49-degree air. Joined by Rick Trandahl and Leslie Thompson, our new staff member, they gingerly entered the pool.

They were all soon playing with beach balls, then holding hands while forming a floating circle. Cheering them on were about forty less venturesome, but nonetheless engaged, neighbors. After the frolicking in the pool, swimmers and onlookers made their way to the Fitness Center to warm up and enjoy hot beverages and plenty of cookies and doughnuts. In the midst of the lingering and conversation, people were seen admiring the many medals on Warren Reeves's robe, medals acquired over the years for his consistent in-pool participation in this notable event.

LUMBERTON LEAS POOL RULES

Barbara Degler

With the pleasure of the pool opening comes responsibility. Yup, this means rules. They are listed in that yellow handbook which is somewhere in your home. As basic as the rules are, occasionally we pool users need a gentle reminder, and here it is. Please read and heed so we can all enjoy our pool with ease and pleasure.

Here are the rules:

- No diving, jumping or running.
- No food, metal containers, bottles or glassware in the pool enclosure. Plastic bottles may be used for lotions and water.
- Any personal property is your responsibility.
- If you moved something, return it to the original location before you leave.
- No one with an obvious communicable disease, or infection should be using the pool. If you are sick, stay home and get well.
- No pets allowed. The exception is grandchildren.

The Lumberton pool is open anytime except when scheduled events or classes are in session. Since you are important to the occupancy of the community, please do not swim alone. It's good to have someone with you at the pool to pull you out if necessary. This brings us to an important piece of information: The Medford Leas maintenance staff keeps the pool clean and safe for our use, but *there is no lifeguard*. You and anyone you bring with you are agreeing to use the pool at your own risk.

Individuals on the waiting list may participate in aquatic programs as space al-

lows. It is hoped they will be wildly enchanted and choose to move into the community immediately.

We enjoy guests, *but a resident host must be with them at all times*. We know your guests always behave with decorum and propriety, but just in case they don't, the community wants to know whom to hold responsible. Please sign your guest in the logbook when you sign in yourself.

An important reminder: In case of emergency call 911. The phone is on the fence by the hot tub. Remember, all injuries, no matter how slight, must be reported to the Medford Campus Main Desk, 654-3000.

And most important of all: Have a safe and enjoyable summer!

LUPINES IN THE MEADOW

Judy Norcross



Pat Potts, Miriam Swartz, John Speirs, Lefty Alderfer

Hundreds of lupine seedlings were given to Miriam Swartz by Debbie Lux. The small group of volunteers pictured above planted them in those meadow areas not infested by the dreaded mugwort. Mother Nature takes it from here. Let us hope that she smiles benignly on this project.

TECH NOTES**Martin Klaver**From Martin's blog snrtech.org

"What would you say if I told you there's a way to fit all of that on just one tablet?"

Some Seniors Need it Still Simpler

Seniors need it simple. With or without computers seniors need simplification of their lives. Computers can provide that simplification if not riddled with hassles, viruses, slow-ups, and high cost. Sometimes it is more work to maintain an old laptop than to use it.

Most seniors, who are not Windows or Apple addicts, mainly want to keep in touch by using email or browsers. More and more they need to do such things as shopping and managing money and communicating with health services. They need to check out and read library books. They may also eventually want to Skype or even text to keep in touch with the family, including grandchildren.

I have scratched my head about how to deal with this problem. For a long time there was no simple way. It took a major effort to learn to use a computer. It was even like learning to play a piano. It should not be that way. The whole idea of computers is to simplify work, not to make things more complicated. That is what I

used them for in industry and social services.

When tablets came along, they offered new possibilities. They are free of the host of problems associated with older Windows and Apple technology. Tablets do offer a major simplification, but do require some learning up front. They are my personal choice for ultimate ease of use, but are not for everyone. There are those who want a keyboard and those who like Windows or Apple but for major drawbacks. The drawbacks are unusual complexity and costs. Unfortunately these drawbacks are getting worse. Windows 8 puts an unfamiliar desktop over the old already complicated desktop. The local Apple store is not friendly to seniors.

I needed a better way for those I try to help. One resident surveyed her contacts asking the best recommendation for a new computer. It would need to be inexpensive, simple, and have a keyboard: no cluttered menus and submenus, no viruses, no slow-ups, no malware, no need for support calls, no error messages, no hassles, no loss of data. By the time she got to me she had already asked other acquaintances and contacts for their suggestions. I showed her all the options and she made her selection. It happened that Best Buy and I and others had all suggested the same solution. This was the Chromebook, a product from Google. This device has had a major upgrade since it was introduced just two years ago.

The Chromebook is a computer that simply eliminates the hassles of the past. It accomplishes this result by eliminating most of the complexity: few menus, no hard drive, no CD, minimum memory, and not much to learn. Eliminated is the duplication of functions carried out locally and those carried out on so-called Internet Cloud. If the functions of many com-

puters can be handled at a single location in the Cloud, then why duplicate them in every laptop? If this has been accomplished with the smartphone and the tablet, why not apply it to the laptop?

The result was the Chromebook. Although it looks just like the nicest featherweight laptops of the past, it is new. It certainly represents a fine device for seniors who mainly want to do emails and browsing and want the familiarity of laptops of the past without the hassles. But what are the limitations? Could it do the job for a more demanding user? I have been putting it to the test. It is really hard to find any downsides.

I have in the corner of my office the original Chromebook introduced two years ago. It indeed had its limitations: slow, no Skype, and so on. However, the basic system has been upgraded to the point where those limitations are gone. It now even runs basic office apps away from the Internet. Although the newer updated Chromebooks are much faster, I was able to do a few tweaks to bring my "prototype" up to speed. Now it runs Skype under Google+ hangouts. There are even online photo editing tools. In other words, nearly everything has been moving to the Internet Cloud, without which the Chromebook would be more limited. In fact, it is normal nowadays to do most work on the Internet Cloud with any laptop.

The older laptop no longer offers any extra benefits, as it just includes a lot of unnecessary hardware and cost.

So why have any other laptop? Why be bothered with the troubles of the past? The new Chromebooks are solidly made, very nearly indestructible, sleek and lightweight, and under \$250.

What do you think? Has the day of the older laptop passed?

CREEK CLEARING AND TRAIL WALKING

Maggie Heineman

April 20 was a big day for the Trails/ Site committee. While six of us led a trail walk for the Pathways program, Judy Norcross and Rick Trandahl were out inspecting the creek for any paddling trouble spots.

Much work was done clearing the creek last August. It was accomplished by Judy and Conant Atwood, Davis Henderson, Pat Potts and Judy Norcross.



This photo of the beaver lodge was taken on April 20. Judy Norcross reported: "With Rick, and a scout leader in a canoe and my friend Karen and me in two kayaks, we inspected the local waterways and marshes for any trouble spots and were amazed at how well last year's cleanup has lasted. We will need to revisit this in the fall to keep the waterways open.

"Beavers are very happy in the Rancocas, and we saw six lodges in a two-mile area. We also saw a beaver swimming into the marsh. The damage is quite minimal and should not cause worry. We are so fortunate to have this lovely resource."

Do you clean house when company is coming? Well, the Pathways trail walk

was good motivation, not only for cleanup, but for guide training and preparation of a handout that describes two 45-minute trail walks. Art Hartwig with his chain saw, and Don Davis, Davis Henderson, Conant and Judy Atwood, Pete McCord, Pat Potts and Judy Norcross are the veterans who keep the trails in shape. John Speirs, another trail worker, and I were trained by Art Hartwig so that we could be guides on the 20th. Take a walk with Art sometime – it’s fun to learn about what was here before and what has been done to make our trails passable. Some of what I learned from Art, and from Miriam Swartz, was put into writing. Look on the bulletin board near the side door of the Community Center for tide charts and the new handout. Thanks to Louise Tompkins, former chair of the Trails/Site Committee, for the work she did over the years and for guiding on April 20th. Thanks, Bob and Eleanor Hill, for guiding and for bringing several Friendship Force visitors to the party.

SOME TRUE OBSERVATIONS

“Lawyers presume that a man is innocent until proven broke.” – Robin Hall

“We are here on earth to do good unto others; what the others are here for, I have no idea.” – W. H. Auden

“Home cooking. Where many a man assumes his wife is.” – Jimmy Durante

“I’ve been married to a Communist and a Fascist, and neither one would put out the garbage.” – Zsa Zsa Gabor

“After the game, the king and the pawn go into the same box.” – Italian proverb

Thinkers' Corner



Cartoons

This month’s cartoon:



Write your caption:

“ _____ ”

Last month's cartoon:



Last month's captions:

"I told you it was a mistake to allow women on the board."

"Hey. Do we get a vote too?"

"All those in favor of installing an executive spa raise their hands."

"It looks like we're outnumbered."

"I thought we'd gotten past gender discrimination."

ANSWERS TO LAST MONTH'S RIDDLES

What comes once in a minute, twice in a moment, but never in a thousand years?

Answer: the letter "m"

What year comes next in this sequence?
1973 1979 1987 1993 1997 1999

Answer: 2003, the next prime number

What is in seasons, seconds, centuries and minutes, but not in decades, years or days?

Answer: the letter "n"

PRESIDENTIAL QUIZ

The following questions refer only to United States presidents:

Who was our only bachelor president?

Who was our only divorced president?

Who was the oldest elected president?

Who was the youngest elected president?

Who was the youngest president to take office?

Who was the tallest president?

Who was the shortest president?

Who was the heaviest president?

Which president had the most children?

Which president remained in office for the shortest period of time?

Which president remained in office for the longest period of time?

Who was the first president born a U.S. citizen?

What is the college with the most presidential alumni?

What was George Washington's yearly salary during his term in office?

What is President Obama's yearly salary?

You all knew all the answers and got them all right, didn't you?

A Photo from Lynn's Friends



The *Lumberton Campus Chronicle* is a monthly publication featuring articles, poems, and other works by residents of Medford Leas at Lumberton and other writers. Subject matter is not limited to our community; it only needs to make good reading for our residents. The date of each issue is timed to include the report of the Council meeting, which is held on the second Monday of the month. Next deadline for submissions is Friday, June 14. All residents and other interested parties are encouraged to contribute. Email your submission to the editor, hsheineman@gmail.com, with copies to ruthbgpersonal@comcast.net and vince267@gmail.com. **We cannot accept handwritten, typed, faxed, or printed copy.**

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