CHINESE NEW YEAR







good for

The **Lumberton** Campus **Chronicle**

Notes from Medford Leas at Lumberton

THE YEAR OF THE HORSE

This is is the only year until 2050 that the Chinese New Year occurs in January. Usually it occurs in February, but this year we have the opportunity to celebrate on both the first and last days of the month. According to THE TRAVEL CHINA GUIDE, the spirit of the horse is recognized to be the Chinese people's ethos unremitting making efforts to improve themselves. It is energetic, bright, warm-hearted, intelligent and able. Ancient people liked to designate an able person as 'Qianli Ma,' a horse that covers a thousand li a day (one li equals 500 meters).

In addition to the 12 zodiac signs, there are also the signs of five elements that are associated with the various astrological signs: FIRE, EARTH, METAL, WATER, and WOOD. Consequently, this is the Year of the Wood Horse or the Green Horse, since green is the color traditionally associated with wood.

oy New Y

January 2014

COUNCIL REPORT Geno Mori

Minutes of the December 2013 meeting and the Treasurer's Report were approved. The checking account balance as of December 31, 2013, is \$4,593.68. The yearly Treasurer's Audit was conducted for the period 2012-2013, and all items reviewed were shown to be in excellent order.

A search is underway for a "backup" treasurer for Jane Bartram. Volunteers are requested to contact Council President Janice Saibel.

The revised Resident Handbooks are ready for distribution at the Tuesday, February 4 Meeting with Administration. Also, the Council intends to hand-carry handbooks to each household not receiving them at the February meeting.

It was stated that the various committees here at Lumberton are not tax exempt. Therefore, our members should be informed that we are obligated to pay sales tax, when appropriate, for functions held here.

The MLRA has prepared a Monthly Meeting Schedule indicating the speakers selected for each month, and will post this schedule at both Medford and Lumberton with the goal of increasing attendance at the meetings. (The February meeting will feature an ex-Lumberton resident who will give insight into CCRCs and the challenges they are facing.)

The fourth "Arboretum Gala" will be held on April 26. Last year over \$22,000 was raised. The venue has a maximum capacity of 180 persons; anyone wishing to donate items for sale at auction will be entitled to a tax consideration for their donation.

The next Council meeting will be on Monday, February 10 at 1:30 p.m.

FINANCIAL UPDATE FOR NOVEMBER

Balance on November 30 (adjusted)	\$4606.44
Income	1420.98
Expenses	1771.44
Balance on November 30	\$4255.98

SLOWED DOWN BUT NOT STOPPED Herb Heineman

The following account contains privacyprotected information. Dave Swartz has reviewed it and approved it for publication. He and his wife, Miriam, graciously granted me two open-ended interviews and answered whatever questions I chose to ask. To say I am grateful for access to the centerpiece of their daily lives would be to miss the point. I found their story truly inspiring.

Dave Swartz has no kidneys.

He surrendered them, one at a time, more than five years ago because both harbored cancer. Given enough time, kidney cancer will spread to other parts of the body. Although Dave received neither radiation nor chemotherapy following his operations, he appears to have dodged that fate. But he has more urgent concerns. The body cannot survive without kidneys. Unless another way is found to perform their function, a person will succumb within weeks to poisoning by the waste products of metabolism. Some patients receive kidney transplants; the remainder rely on dialysis. (Before dialysis was perfected, there was only dietary restriction - above all avoiding protein – to lighten the load on kidneys that were failing; but diet alone offered nothing to sustain a person with no kidneys at all.)

Transplantation of a fully functional kidney (just one is all it takes, which is why tens of thousands of volunteers are in good health after donating the other) offers the best chance for a reasonably normal life. But apart from finding a cadaver or a willing live donor of compatible tissue type, transplant surgeons must consider the potential benefit and risk to a recipient. Dave had renal insufficiency for years before the cancer was found; he also has longstanding insulin-dependent diabetes; and the two may be connected, meaning that the diabetes could damage a transplanted kidney too. And Dave has chronic lung disease (he uses oxygen on and off), which makes major surgery especially risky. Add atrial fibrillation; a history of thyroid cancer (appar-

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ently also cured by removal of the gland); and an alert for prostate cancer based on a blood test for PSA (prostate-specific antigen) – and it is easy to understand that Dave is not considered "a good candidate" for renal transplantation. Dave has no quarrel with this judgment of his candidacy.

That leaves dialysis, a life-giving but lifealtering way to step in for the missing kidneys. It works by ultrafiltration, in either of two ways: hemodialysis, in which a machine pumps the blood directly through a specialized filter; or peritoneal dialysis, using the peritoneum, a 20-sq.-ft. membrane that covers the interior wall and all the organs of the abdomen and pelvis, without exposing the blood directly. Hemodialysis was recommended to Dave, and he's been using it for approximately six years. Patients have been known to live for three *decades* on hemodialysis; that's longer than the life expectancy of a man Dave's age even without coexisting disorders.

But life on dialysis is far from normal. Six days out of seven he spends two and three-quarter hours hooked up to his machine. In his left forearm, thanks to a surgical procedure, an artery connects directly to a vein, bypassing the bed of capillaries that normally absorb the pressure differential. Because the wall of a vein is thinner than that of an artery, the arterial pressure causes the vein to balloon out, thereby providing ready access to two needles simultaneously, one to feed blood into the machine and one to deliver it back after it is cleansed. Each session requires these two needle punctures - just another unpleasantness Dave puts up with. (He says he hardly feels it. I don't even like to be stuck occasionally for blood tests.)

Miriam's life has also changed. She's thankful for her own good health, because Dave depends on her to help prepare him and, no less important, to operate the machine. The shelves in their basement are loaded with boxes of dialysis supplies, whose use she knows in minute detail. She connects tubes; painstakingly removes air bubbles (to prevent dangerous embolism to the brain); sets controls; and keeps connections sterile.

To watch her at work is to witness a display of devotion, patience, and skill.



Devotion, patience, and skill

Complementing this regimen is a list of medications Dave takes on schedule, nineteen in all – not counting iron and erythropoietin to boost his red blood cell production. His diet, too, is regulated, though differently from diets in the days before there was dialysis. For example, instead of avoiding protein he consumes enhanced quantities; it helps rebuild his body tissues, and the machine takes care of the waste.

Medicare pays for it.

And his quality of life? Apart from a lack of energy (which cannot be blamed solely on his having no kidneys) and dependence on oxygen for any kind of exertion, he manages. The daily dialysis, including setup and takedown, takes up a third of their waking day. Travel is restricted to absences of no more than two days or destinations with available dialysis centers, which have to be contacted ahead of time. Their equipment – a seventy-pound machine and a large load of supplies – does not lend itself to packing and unpacking for travel.

Power outages due to storms, which tend to last a matter of hours, do not generally threaten their routine. Just the same, backup resources are in place: priority status with PSE&G for restoration of power, and access to regional dialysis centers (Hainesport and Willingboro), which have emergency generators.

Dave has had to curtail some of his activities. Yet he still serves on the MLRA Budget and Finance Committee and cochairs The Birders. He's a representative of the MLRA to ORANJ and treasurer of the Friends Meeting of Mount Holly. He oversees finances for his 106-year-old mother in Vermont, and battles with undiminished vigor against his neighbors at Mexican Train on Friday nights.

He's slowed down but not stopped.

MEET OUR NEW NEIGHBOR Barbara Lewis



John Welch moved into 32 Woodside Drive during the second week of October 2013. He was first introduced to Lumberton Leas by visiting Barbara Degler with a group from the Medford Area Chorus.

He was later a member of the Greater South Jersey Chorus and enjoyed our Community Center while attending several chorus parties hosted by Carol Suplee. Then he discovered that Conant Atwood, who is also in the Greater South Jersey Chorus, lives here. Both encouraged him to investigate Lumberton Leas, which he did. Now he finds himself enjoying life here, especially the social activities, the fitness program, and the second story view of the woods from his living room, sunroom, and deck.

John was born in Cincinnati, Ohio. He graduated from the University of Cincinnati in 1960 as an electrical engineer. He then studied at Massachusetts Institute of Technology for four years, where he earned a masters degree in electrical engineering and worked toward a PhD. After leaving MIT he served two years in the US Army, having graduated as an ROTC officer at Cincinnati. His Army assignment brought him to New Jersey. He was married while in the Army. He and his wife then moved to Pennsylvania, and he has remained in the greater Philadelphia area ever since taking a job at Philco Ford.

Since then he worked at RCA and General Electric in Camden and Moorestown and three other small electronics companies in the Philadelphia and South Jersey area. His last job was at ATT Bell Laboratories, which later changed its name to Lucent Technologies.

John loves sports. He and his identical twin brother, Jerry (who lives in the Boston area), were a well known baseball pitcher and catcher duo when they were young. They also played on an Ohio State Finals high school basketball team. John has played a lot of tennis ever since high school. He also likes to take woodland walks, has done a fair amount of canoeing, and has been an avid cross-country skier.

John has played the piano since he was a child, took lessons for many years, and still owns a piano and plays frequently. He has also learned to tune pianos - often tunes for friends, and keeps his own piano in very good tune. For over ten years he has been taking voice lessons in an attempt to approach the skill level of some of the fine choral tenors he has met who have typically sung in choruses since childhood.

He has two children and two grandchildren (aged ten and six), all of whom live within one or two hours' drive from here. He has been divorced for a number of years, but has always been in close contact with his children. The entire family still enjoys getting together for the celebration of holidays, birthdays, and other special events.

REMEMBERING MARY KERR Ruth Gage

Mary Kerr, a long-term member of our community, died on December 8. Since Mary had been ill for several years, new residents probably never had the opportunity to get to know her. Mary and her husband, Wes, were early residents of Lumberton Leas, having moved here from Mt. Laurel. She had previously taught in public schools in Maple Shade and Moorestown for many years. Mary settled easily into retirement mode after moving here, spending her time reading, playing the piano and caring for her two grandsons.

Mary was an early member of the Social



Committee and served on it for several years. She also played piano for singa-longs for residents of Haddon and Estaugh at that time. When I first moved here, she played piano for gatherings in

the Community Center as well where she was an enthusiastic accompanist who enjoyed the social gatherings. Until 2009 she played the organ at Our Lady of Good Counsel, their church in Moorestown, where she had played for some 70 years.

Mary also enjoyed their annual "leaf watching" visits to Vermont in addition to early summer visits to Myrtle Beach and Hilton Head until no longer able to travel. Here in Lumberton she never turned down an opportunity for a wheelchair ride around the neighborhood, greeting old friends and enjoying the flowers and the birds.

Up until last year, she and Wes appeared regularly at the Fitness Center, where they worked out with Rick with enthusiasm and dedication to keeping fit within the limits of their ability.

We are sad to lose a wonderful neighbor.

Pete's Pick

INFOMERCIALS

I'm not sure where or when the word originated. Perhaps it's another of those Madison Avenue creations like so many other words that are now part of our vocabularies and which Merriam-Webster eventually acknowledges in their revised editions. "Infomercials" refer to those overly long product promotions which, in their shorter version, we endure as "commercials" that are over in 30 seconds or maybe a minute. But infomercials go on and on. Their purpose, I suppose, is to provide "info" (which you will recognize as a colloquial abbreviation of "information") designed to guide us to - indeed ultimately sell us – a product or system which we may be reluctant to embrace. You see a lot of them on TV these days, apparently on Madison Avenue's hope that now that our holiday celebrations are over we may have resolved to transform our former gluttonous, ugly and slothful selves into something better.

And so as I now write you my New Year's wisdoms, Dan Marino (the Hall of Fame former Miami Dolphins quarterback) is pitching Nutrisystem on an unattended TV droning on behind me. He is telling me that I may have violated my "glycemic index" (never explained) and that "for free" he and Nutrisystem will send me my first five pound weight loss. "Man food," he assures me, showing large portions of pizza and lasagna that look quite tempting. And all I have to do is "eat 'em" and lose.

So I switch the channel. And there is Debbie Boone, still looking as lovely as she did 30 years ago, sweetly singing "You Light up my Life" and telling her admirers of a revolutionary new skin cream that is able to transform dried-up hags into happy and vibrant princesses. And you see it all in the before and after photos - irrefutable proof and live testimonials that the product really works. Both Dan and Debbie offer money back guarantees if you are not completely satisfied. I wonder how many people send back the products with a note: "Sorry Dan, I'm still the fatso I was before I ate your lasagna" or, with Debbie, "Sorry Deb, I still look like a prune."

These infomercials are, as you might have already surmised, probably wasted on me. But I admit that there was once a time that I was a sucker.

Back in my college days I recall one summer day doing my weekend chores for

my family, which included pushing our old hand powered mower around the backyard. It was one of those stinking hot Philadelphia Sundays and after finishing the task I joined the Old Man on the back porch for a six-pack and to watch the Phillies on our portable TV - the one with the rabbit ears and the vertical adjustment problem that caused the picture to constantly flip over and over. I suppose it must have been around noon and Byron Saam had not yet come on to tell us the starting lineups. But there was another man on the screen who was talking about some new Asian grass called "Zoysia." It was, he assured us, a product that would transform our needy lawn into golf course quality turf that would need trimming only once a month.

That summer I was flush with cash, working two jobs - as a park employee by day and a store clerk at night. "Dad," I said, "This is what we've been waiting for. Just think! We'll only have to cut the lawn three or four times all summer!"

The Old Man was equally impressed. We could actually see it in the pictures shown on our 15 inch black and white TV - even as it flipped vertically over and over.

And so I handed Dad \$15 from my week's wages, and he called the number shown on the TV and placed the COD order for our Zoysia lawn: \$9.99 for the Zoysia grass - enough, the man promised, to establish a 1,000 square foot lawn and \$4.99 for the "precision engineered" Zoysia "plugger." The backyard of our Philadelphia duplex was, as we paced it off that afternoon, only 20 feet by 35 feet, so that we calculated that one offer would be more than enough to establish our carefree Zoysia lawn.

I think it took about six or seven weeks for the order to arrive. And I recall our disappointment when we opened the box and discovered that the "precision-engineered plugger" was just a stick with a hollowed cup on the end. And the "Zoysia" grass turned out to be three layers of yellowed sod that didn't seem to have too much life. But the Old Man and I had watched the infomercial and were not about to admit that we had been suckered. And so we plugged the Zoysia into our lawn and watered it just as the directions instructed.

The next spring we couldn't find our Zoysia plugs. But we assured each other that the transformation might take a while and we supposed that our new Asian lawn was in dormancy just waiting to be integrated with its American relative,

As the years passed I moved on and out and joined the Army, while Dad still looked for his Zoysia lawn each spring. Sadly he died still waiting for it.

Last week I drove back to the old neighborhood and examined our backyard through the fence that the new owner had installed. There is now a spongy mass of yellowed grass, unmistakably that Asian crabgrass rogue of the '60s sold as "Zoysia" covering our old backyard and even spreading out into the yard of the neighboring duplex. Although that infomercial never told us, I guess some things just take time to do what they claim.

Nonetheless, I think I'll ignore Dan Marino's promise that I can eat my way to weight loss. Perhaps it's now time to head off to the gym.

~Pete Mc Cord

BOOK CLUB Barbara Lewis

With all the crush of the holidays, I find that I'm way behind in talking about the Book Club. We had a vigorous discussion in November concerning the information in the book called *The Nightingale's Song* by Robert Tinberg. The book is mainly concerned with the running of our government in the days of the Vietnam War, both before and after. Who is the nightingale? Yes, that was one of the main questions. Many opinions were shared about the happenings in this book. After all, we lived through it. Was it as we remembered? Yes and no. We all recommend this to anyone who is intrigued by history. We did not meet in December. In January we had a book that gave rise to our thinking on such matters as Facebook, bullying, parenting, our trial and court actions, and many other topics. *Defending Jacob* by William Landay is a story of today. Is it the story of a 14-year-old serial killer or is he just a misunderstood child? Wow! We all had opinions and reasons for such. We cannot say we liked the book, but it was surely a page-turner.

On February 19, the third Wednesday of the month, at 2:00 p.m. at the Community Center, we will discuss a complete change of pace. *The Gardens of Covington* by Joan A. Medlicott is the story of three unrelated women who met and decided to move to a very small town in Georgia. Well, you know about small towns everywhere – it's hard to be accepted. This is the second book in the series, and it is an interesting book with these three characters and how they live their lives.

You are welcome to join our group for any or all of our meetings. We love reading and enjoy talking about what we have read.

ART GALLERY Helen Vukasin



Art Studio artists in creative mode

The resident artists of Medford Leas are presenting a sample of their best work in a new exhibit. This time they will be exhibiting in the Lumberton Art Gallery for the months of February, March and April, 2014. There will be a wine and cheese reception in the gallery on Friday, February 7 from 4:00 to 5:30 p.m. Some of the artists will speak about working in the Art Studio on the Medford Campus.

On the Medford campus in the Medford Leas Gallery in the lobby of the theater, the animals and the world of nature of Toni Frary are on view for January and February.

The Art Studio Gallery with multiple examples of the artistic talent of 25 resident artists continues in the lower level of the Arts and Social Wing of the Community Building. April is the date of the new exhibit with all new work by the busy studio artists.

THE CHRONICLE BY EMAIL The Editors

Approximately half of Lumberton campus households receive *The Chronicle* by email, benefiting from speed, full color, and home delivery (and a smiley face on their mailboxes). All who don't, including both longtime and new residents, can sign up anytime by contacting any of the editors by email or telephone. Note that your computer must be able to read pdf files.

Another advantage is that electronic delivery saves money!

SOCIAL ACTIVITIES

HOLIDAY COCKTAIL PARTY

On the evening of Tuesday, December 10, Lumberton Leas residents enjoyed a cocktail party to celebrate the "Holidays" of December. The holidays that were recognized included the pagan winter solstice, Christmas, Hanukkah, St. Lucia, Kwanzaa, Las Posadas, and New Year's Eve. Decorations recognizing each of these events were on display. Cocktail foods and desserts were catered by Zallie's at the Medford ShopRite. CEO Jeremy Vickers and his wife, Shelley, joined nearly 100 residents in enjoying the food and fellowship. Of the twenty residents new to Lumberton Leas in 2013, seventeen were in attendance and celebrated with us.

On Tuesday, February 11 we will once again be hosting the Rancocas Valley High School Chamber Choir. They have provided excellent programs in past years, and we can expect a varied program at this next visit.

-Carol Ferraro

CALLING ALL CARS

Seventy residents enjoyed good food and stories at the Calling All Cars Potluck Dinner Tuesday evening, January 14, in the Community Center.

The car theme was evident as Dave Bartram's video presentations played on screen. Cars donated by residents and staff adorned the mantel and tables.



And the winner is . . .!

The evening ended with the presentation of the Calling All Cars trophy awarded to Corny Salvaterra, a new resident, who told the best car story of the evening. The judges, Barbara Stiles, Bill Beitel, and Geno Mori from the Lumberton Council, had a difficult time picking a winner from nine great tales.

Please mark your calendars for Tuesday, February 11, our next community event that will celebrate mid-winter with Sandwiches, Salads, Sweets, and Songs by the Rancocas Valley High School Chamber Choir and Women's Ensemble.

–John Speirs

CLUSTERS

HOLIDAY DINNER

On Wednesday, December 11, fifteen residents and guests attended Cluster 6's annual holiday dinner in the Gathering Room on the Medford campus. The tables were festive with beautiful centerpieces of holiday greens arranged by master horticulturist Debbie Lux. Included in the dinner's traditional menu were a shrimp appetizer and assorted cheeses and fruit. Entrée options included scallops or filet mignon followed by a positively sinful chocolate dessert. After dinner and selections from a table of small "existing around the house" gifts (which evoked laughter and good-natured banter as the gifts were unwrapped), everyone moved to the Holly Room. There, the group enjoyed Nanette Hanslowe's gracious provision of wonderful holiday piano music to accompany the group's singing of carols from songbooks. No carol rendition would have been complete without our own "three kings" (Alan Gaylord, Bob Rosvold, and Dan Seeger) providing their inimitable interpretation of that traditional carol. Many thanks to Nanette and our soloists!

-Vince Menzel

NEW YEAR'S EVE CELEBRATION

Cluster 1 enjoyed the hospitality of Franz and Sheila Schneider at a lovely New Year's Eve Party. Everyone being a fan of Newfoundland, the champagne was uncorked at 10:30 p.m., and we celebrated the arrival of 2014.

—Barbara Stiles

PICKUP DATES – FEBRUARY

Recycling: February 3, 17 *Trash:* February 4,11, **19**, 25

TECH NOTES Martin Klaver

from Martin's blog <u>snrtech.org</u>



Microsoft scraps Windows XP

Windows XP will no longer be supported by Microsoft after April. That means you need to quit using it online. It will NOT be safe to use Windows online. So what are your options? Disconnect your XP device from internet in any event when the time comes.

It may be that your old device can be upgraded to Windows 7 or 8 or 8.1. Install Windows Upgrade Assistants to find out if Microsoft thinks so.

You may be able to find a tutorial for your specific old machine on YouTube. You may be able to boost memory and speed cheaply with ReadyBoost. I also found a cheap RAM (memory) upgrade for my antique. Better, you may be able to install a free Windows look-alike like Zorin Ubuntu Linux software, also available online. Search for Zorin. Not a bad solution if money is short.

However, it may be more practical just to buy a new computer. That could cost as little as \$300. A little tweaking will help it run like a champ.* This the best option. That new computer will have Windows 8 or 8.1, which requires some learning to use.

To transition, files and apps need to be provided for. Establish Dropbox on your older computer if necessary to hold them, back them up, and access them from the new computer. It may be that the old computer will not be upgradeable and the new Windows 8 computer incompatible with your old devices and software.

Fortunately there are plenty of tablets out there which will do most of the things seniors need to do. They are far more intuitive and reliable than older systems. Most of these will actually run Microsoft Office Suite, plus many other alternative office packages. Simplest, download and install Open Office. Use a fast browser like Opera. It's your choice. XP will no longer be secure.

*Note: Running one app at a time and using cloud storage and apps will help any computer run better, old or new.

LEAS FORUM Barbara Trought

Programs will be presented in the Theater on Saturdays at 11 a.m.

February 8

"An Update on a Frontier in Medical Research"

Dr Courtney Kronenthal, Coriell Institute's Director of Communications, returns to Medford Leas to update the many resident/participants in Coriell Personalized Medicine Collaborative. A unique facet of the CPMC research study is its collaborative design, which brings together volunteer participants and professionals from many disciplines. The CPMC goal is to study the implementation of personalized medicine.

February 22

Actress **Rene Goodwin** brings iconic women of history to life. Her portrayal of Eleanor Roosevelt—Part I prompted requests for her to return to our Theater. This program—Part II: The War Years begins with Eleanor preparing to leave the White House.



Crossreads empowers youth who are homeless, abandoned, abused, or at-tisk to lead bealthy, productive lives.

December 11, 2013

June Krainik Lumberton Leas 120 Woodside Dr Lumberton, NJ 08048-5276

Dear Mrs. Krainik and Members of Lumberton Leas,

Please accept our sincere thanks for your generous donation to Crossroads Programs made as part of the Lumberton Leas holiday gift drive to benefit Crossroads' youth. We are grateful for your support -- it truly makes the youth in our programs have a much happier holiday season. With donations from your drive we will be able to provide wonderful and thoughtful gifts to our youth "aging out" within our Just For You independent living program and Community Care for Kids foster care homes.

At this special time of year, *there is no greater gift* than providing homeless and at-risk youth in our local communities with hope, confidence, and compassion. Your partnership in our work helps provide these adolescents and young adults with opportunities that will help them have a better chance at a successful future. We truly appreciate the commitment of Lumberton Leas to our mission.

Again, many thanks for your kindness. On behalf of our Board, staff, and young people we serve, I extend our best wishes for a happy, healthy new year!

Sincerely

Julie Calleon Director of Development

The IRS requires that we advese you that nothing was received by you for your generous contribution. Crossroads Programs, Inc. is a 501(c)(3) non-profit, EIN 22-2215356







This month's cartoon:



Write your caption:

"

Last month's cartoon:



Last month's captions:

"Too bad we couldn't get flight clearance."

"I thought you said he had gone on a diet."

"This is a bad time to give Prancer, Vixen, Comet, Cupid, Donner and Blitzen the night off!"

"Did you check out the route with Mapquest?"

Note: Because of space limitation, answers to "For the Eagle-Eyed" will appear next month.

DO You Know?

- 1. How many entries in Webster's Dictionary will be misspelled?
- 2. How much liquid does a 10-gallon hat actually hold?
- 3. How long is the life cycle of a dragonfly?
- 4. How many muscles does a cat have in each ear?
- 5. What is the actual length of time of a "jiffy"?
- 6. How many of the world's tallest mountains are in Asia?
- 7. What is the only bird that can see the color blue?
- 8. How many cars are crushed yearly at monster truck events?
- 9. If two full moons occur in the same month, what is the second one called?
- 10.How often does someone on Earth report seeing a UFO?
- 11.How many names were listed in the first telephone book issued in 1878?
- 12.What was the first TV show to be put into re-runs?
- 13.What percentage of a jellyfish's body is water?
- 14.What was the original name of Google?



A Photo from Lynn's Friends

I get by with a little help from my friends

<u>Editor</u>: Vince Menzel

Associate Editors:

Ruth Gage, Herb Heineman

<u>Cover Design and</u> <u>Photo Feature</u>:

Lynn Ware

<u>Council</u>: Janice Saibel, President **The Lumberton Campus Chronicle** is a monthly publication featuring articles, poems, and other works by residents of Medford Leas at Lumberton and other writers. Subject matter is not limited to our community; it only needs to make good reading for our residents. The date of each issue is timed to include the report of the Council meeting, which is held on the second Monday of the month. Next submission deadline is Friday, February 14. All residents and other interested parties are encouraged to contribute.

Email your submission to the editor, <u>vince267@gmail.com</u>, with copies to the associates, <u>ruthbgpersonal@comcast.net</u> and <u>hsheineman@gmail.com</u>.

We cannot accept handwritten, typed, faxed, or printed copy.