

# *The Lumberton Campus Chronicle*

*May 2016*

## *Notes from Medford Leas at Lumberton*

### TREES

"I frequently tramped eight or ten miles through the deepest snow to keep an appointment with a beech tree, or a yellow birch, or an old acquaintance among the pines."

- Henry David Thoreau

"Keep a green tree in your heart and perhaps a singing bird will come."

- Chinese proverb

"Do not be afraid to go out on a limb ... That's where the fruit is."

- Anonymous

"The creation of a thousand forests is in one acorn."

- Ralph Waldo Emerson

The Brooklyn Grange, which opened in May 2010, operates a 2.5-acre organic farm spanning two rooftops. One is atop the Brooklyn Navy Yard (pictured below and said to be the world's largest rooftop soil farm) and the other is on a 43,000 square-foot building straddling Astoria and Long Island City. They produce more than 40,000 pounds of organically grown vegetables each year. The Grange also operates New York City's largest apiary, with over 30 naturally managed honey beehives yielding approximately 1,500 pounds of honey annually.

There are several other rooftop farms in the metropolitan area: Brooklyn Eagle Street Rooftop Farm, Hell's Kitchen Farm Project, Gotham Greens, and Riverpark Farm. (Gotham partner Whole Foods also has a rooftop farm on its Gowanus store.) Most produce is sold through local markets, but some farms are open to the public on weekends.



## COUNCIL REPORT

Hannie Hahn, guest recorder

We received thank-you letters from all Community Fund Drive recipients.

The Community Center building audit was completed. The next audit will be done in October. The Building Audit Committee is looking into generating a checklist from the report to follow up on audit items.

The 2016 Annual Meeting was held on May 10, with focus on election of new Council members and approval of the 2016-17 budget and activities fund drive.

Updates of the Lumberton Campus Residents Handbook are complete. Since only a few pages have changed, only major updated pages will be distributed. Then the handbook will be sent via email as a PDF attachment. Print copies of the revised pages will also be made available.

Changes to the various bulletin boards since the removal of scheduling calendars have gone smoothly.

After discussion, the subject of converting the Community Center conference room into a storage room (studied and proposed by the Social Activities Committee) was tabled, to be taken up by the new Council.

Copies of last year's annual committee reports were distributed to Council sponsors. Committee reports are due to all Chronicle editors no later than June 30.

A "Lumberton Announcements" email distribution experiment has begun for getting out important announcements.

Shawnee High School students will provide a Day of Service on May 20. A sign-up sheet has been posted.

### Reminders:

Helen Vukasin Tree Dedication – May 19  
Coffee with Administration – June 7

## FINANCIAL UPDATE FOR APRIL

Balance on March 31	\$3,955.64
Income	1,115.75
Expenses	313.63
Balance on April 30	\$4,757.76

## MEET OUR NEW NEIGHBORS

text by Barbara Zimmerman

photos by Joyce Koch



After 43 years in New Brunswick, NJ, David and Katherine Moran Riley moved to 88 Woodside Drive in February. Kathy and Judy Atwood have been friends through "many chapters" of their lives.

The Rileys love several attractive features of their new home—the spacious finished basement, the nearby fitness center and other support services on both campuses. Their living room is decorated with varied family mementos, including a painting done by David's father in the style of Jackson Pollock.

Kathy, by her own definition, is a "frequent flyer" on nearby major highways, allowing her to visit friends from Washington to New York State. Lumberton is ideally situated for her to continue her road warrior status visiting many friends along the East Coast. Kathy, who was born in Philadelphia, was raised in a small town in Western Massachusetts. Attending Goucher College in Towson, MD, gave her a

taste of urban life (which she came to love). After college, Kathy taught in Baltimore, MD, met and married David and completed a master's program at Johns Hopkins University. They moved to Philadelphia for Dave's continued medical training while Kathy acquired her Ph.D in English at the University of Pennsylvania.

David, born in Manhattan, was raised on Maryland's Eastern Shore. After college at Johns Hopkins and medical school at the University of Maryland, he trained in internal medicine in Baltimore. As an officer in the National Guard, he was called up following the assassination of the Rev. Martin Luther King, Jr. Dave later acquired an interest in medical research during his training in pulmonary disease in Philadelphia.

After moving to New Brunswick, he joined the University of Medicine and Dentistry of NJ (now Robert Wood Johnson Medical School) and she by Rutgers University and Rutgers Preparatory School. In 2014, Dave retired as professor of medicine, as did Kathy after teaching English at Rutgers Prep for 24 years.

Their two children—a son in Philadelphia and a daughter in Los Angeles—were born in Central NJ. They also have a grandson living in Los Angeles.

Kathy is interested in origami, jewelry making, gardening and yoga (her exercise of choice). Dave is involved in a long-term genealogy project which fits with his previous academic career. He also enjoys reading and physical fitness. Both feel comfortable and at home in Lumberton and think it is a logical step in their full and varied lives.

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My mother taught me *religion*. "You better pray that will come out of the carpet."

My mother taught me *wisdom*. "When you get to be my age, you'll understand."

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## **Pete's Pick**

### **WHEN I FIRST BELIEVED**

When I was 9 years old you couldn't tell me that professional wrestling wasn't real. "The Sandman," who stood for all that was good and noble in the world, appeared every Saturday afternoon on Tommy O'Connor's TV. It was an event that we never missed.

At the start of the match a black-masked villain would routinely club our hero into delirium with a variety of dirty tricks. But The Sandman would rise from the mat as frantic kids at ringside, and Tommy and I in front of his TV, shouted encouragement. Slowly and deliberately he would shake off the ill effects of the treachery that fogged his brain and magically come back to life. And then, after several rapid and strategically placed drop kicks that toppled the villain, The Sandman would apply his patented "sleeper hold" and render his opponent immobile. The referee would pound his hand 3 times on the mat to signal the finality.

The ringside crowd and Tommy and I would go wild and The Sandman would walk around the ring with his hands raised, humbly acknowledging his cheering admirers. Once again good had triumphed over evil, as it had the previous week and would the next. And it was all undeniably real.

So too was Captain Marvel, who got his tremendous strength from drinking Ovaltine—which also sponsored his radio show. In the closing minute of each show, Captain Marvel himself would come on to deliver a special coded message that could only be deciphered by those who possessed a Captain Marvel Glow-in-the-Dark Decoder Ring.

It took a disciplined three weeks for me to save the required coinage from my allowance, which along with the lid liners

from two jars of Ovaltine, was sent to Captain Marvel's headquarters in Grand Rapids, MI. I discovered that Grand Rapids, was a long distance from Philadelphia, and it took another seven weeks for the decoder ring to finally arrive in our mailbox.

But what excitement on its arrival! With the numerical codes I had copied from Captain Marvel's radio broadcasts I crept into a dark corner of our basement for the secret glow in the dark decoding process.

Slowly the message appeared:

"D-R-I-N-K M-O-R-E O-V-A-L-T-I-N-E"

Yes! It was Captain Marvel actually talking to me—personally giving me advice on how to grow up to be just like him!

Well, here I am 65 years later. My heroes, Captain Marvel and The Sandman, have been replaced by a vast array of aliens who shoot each other with atomic rays in what are called "interactive" computer games. Somewhere along the line imagination must also have been "zapped" and I doubt that today's youth would ever have the patience to wait ten weeks for a decoder ring to arrive from Grand Rapids, let alone ever find the time to spend ten minutes to decode Captain Marvel's special message.

I'll leave it to history to judge which generation produced healthier kids.

But of one thing I am very certain. Back then it was real!

—Pete McCord

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### **BOOK CLUB** **Barbara Lewis**

April's selection for discussion was quite a book. Sometimes a person's gifts to society are lost in the crush of history. In 1967, a researcher was scanning for information about women's rights leaders in the 19th century. She came upon Sarah and Angelina (Nina) Grimke. They were two sisters from the South who had a great influence, not only on women's rights, but

also on the abolitionist movement. In our latest book, *The Invention of Wings*, the author, Sue Monk Kidd, has taken this information and, through more research, has recreated the lives of Sarah and Nina along with a slave called Hetty Grimke and turned this information into a fascinating book.

Sarah was given Hetty as a gift on her 11th birthday. She tried to free her, but the Carolina slave laws wouldn't allow that. Beyond that, women had no rights either, so Sarah as she grew up had to plan to escape her own home to find freedom. However, the North wasn't much better, but I'm getting too far into the book. As you read it, you will give thanks again that you live in the 21st century, not the 19th.

Our June meeting is coming soon. *The Truth According to Us* by Annie Barrows is like a treatise on life in a small town. Things are not always the same as we (or others) remember them! All are welcome to attend the discussion on Wednesday, June 15, at 2 p.m. in the Conference Room.

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### **LEAS FORUM PROGRAMS IN JUNE**

**Dorothy Cebula**

Both programs will be held in the Medford Leas Theater on Saturdays beginning at 11:00 a.m.

#### June 11

*Surprise Encounters with Artists and Scientists, Whales and Other Living Things*

On June 11, Leas Forum will host author **Scott McVay and his wife, Hella**, who will discuss his new memoir. Scott is credited with being on the team that identified specific whale songs and he has been a leader on numerous organizations including the Geraldine R. Dodge Foundation. He was president of the Chautauqua Institution until retiring last year. The program will prove to be a fascinating look

into stories of many high-profile people from many different walks of life.

## June 25

### *Art of the French Impressionists*

On June 25, the Forum will host a session developed by curators at the Philadelphia Museum of Art and will explore the history of Impressionist painting. Using six classic masterpieces in the museum collection, approaches developed by masters will be explored in detail.

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## **ART GALLERY NEWS**

**text and photo by Joyce Linda Sichel**

Last month's column introduced Patrick Monaghan, the award-winning artist who will still be showing his paintings (mainly done in oil) through the month of June in the Main Gallery outside the Theater on the Medford campus. At his reception in May he told the audience how he had received a free art education, largely in the evenings after his work in construction, through classes at the Fleisher Art Memorial in Philadelphia. Besides the expected still lifes and landscapes, this versatile artist is showing some arresting animal paintings and nudes. We show here a work called "Gibbsboro Cows," one of his larger canvases.



The next Main Gallery show will occur in July and August. We will welcome Medford artist Joyce McAfee with her summer shore scenes. She was part of a group show which we hosted in the spring of 2014, and she has been active in Long Beach Island art circles. The show's opening reception will most likely be held from 3:00 until 4:30 p.m. on July 5 outside the Theater.

In the Lumberton gallery space you can view a one-woman show of art by Medford Leas resident, Pat Heller-Dow. She is one of our outstanding artists whose paintings have been photographed several times for past art gallery columns. The pictures in this show have been created in several media, but watercolors predominate. The opening reception was held Friday May 13; the audience heard about the media in which she has worked and some of her techniques. Be sure to stop by during the summer since this lovely collection will be on the walls until the end of July.

Another show is available for viewing through the end of June, though you will have to travel a short distance. Medford Leas resident Marilyn Flagler, who showed her work this year at Lumberton's gallery space, was invited to display her watercolors in the Kendal at Longwood "Art in the Hall" Gallery. Twenty-nine of her best paintings are there for a wide audience, and you are invited!

Finally, do not forget that your neighbors and friends will still be displaying their art on the Medford Leas lower level in the Arts and Social Wing through the summer and until the autumn. There are many stunning pieces there, including a great number and variety of photographs by resident Ezra Shawn.

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## **PICKUP DATES - JUNE**

Recycling: June 6, 20

Trash: June 1, 7, 14, 21, 28

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# Thinker's Corner



## Sudoku

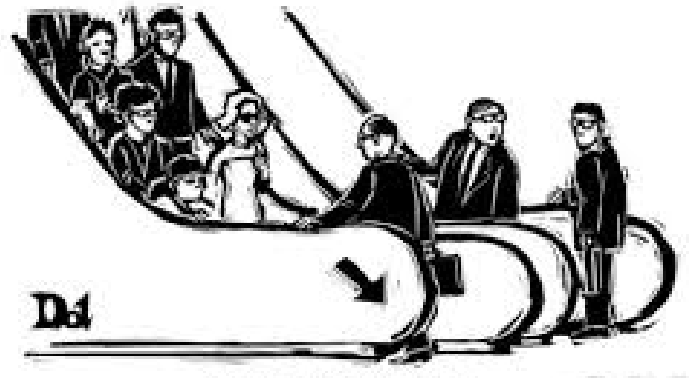
Solution from last month.

Clue was: Lost, inoffensively.

A	E	P	M	C	D	S	L	I
<b>M</b>	<b>I</b>	<b>S</b>	<b>P</b>	<b>L</b>	<b>A</b>	<b>C</b>	<b>E</b>	<b>D</b>
D	C	L	E	S	I	A	M	P
E	P	M	A	D	C	L	I	S
I	A	D	L	P	S	E	C	M
L	S	C	I	E	M	D	P	A
S	L	A	C	I	P	M	D	E
C	M	I	D	A	E	P	S	L
P	D	E	S	M	L	I	A	C

## Cartoons

This month's cartoon:



Write your caption:

“ \_\_\_\_\_ ”

Last month's cartoon:



Last month's captions:

“Couldn't you just have taught me abstinence?”

“What do you mean dogs should be seen and not heard.”

*“If I tell you a secret, do you promise not to tell the collie up the street?”*

*“How come you always say I’m a good dog, but never say I’m a great dog?”*

*“Why do you say I talk too much? Would you prefer I bark instead?”*

*Rebus Puzzles*



*Do You Know NJ?*

Which New Jersey state highway that runs from Philadelphia to the Atlantic Ocean is nicknamed “The White Horse Pike”?

Which county in New Jersey is the least populated?

Which Ocean County community’s naval airfield was the site of the Hindenburg disaster back in 1937?

The legendary Stone Pony rock club can be found on Ocean Avenue in which New Jersey shore town?

Which county still has a good number of farms left, and has more cows than traffic lights?

Which of the following actors is *NOT* originally from NJ: Ben Stiller, the late James Gandolfini, Jack Nicholson and Kevin Spacey?

Which NJ town has the most shopping malls in the US?

# *Photos from Lynn's Friends*

## *Sand Castles Competition in Oregon*



**Editor:**

Herb Heineman

**Associate Editors:**

Ruth Gage

Eric Hahn

Vince Menzel

Joanne Thomas

**Cover Design:**

Lynn Ware

**Photo Feature:**

Lynn Ware

**Council:**

Conant Atwood,  
President

***The Lumberton Campus Chronicle*** is a monthly publication featuring articles, poems, and other works by residents of Medford Leas at Lumberton and other writers. Subject matter is not limited to our community; it only needs to make good reading for our residents. The date of each issue is timed to include the report of the Council meeting, which is held on the second Monday of the month. Next submission deadline is Friday, June 17. All residents and other interested parties are encouraged to contribute.

**Email** your submission to [hsheineman@gmail.com](mailto:hsheineman@gmail.com), with copies to [ruthbgpersonal@comcast.net](mailto:ruthbgpersonal@comcast.net), [hehahn1@verizon.net](mailto:hehahn1@verizon.net), [vince267@gmail.com](mailto:vince267@gmail.com), and [thomasjm@comcast.net](mailto:thomasjm@comcast.net).

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